



Suncream Policy

1. Purpose

The purpose of this policy is to ensure children's **safety and wellbeing** during outdoor sports and activities by providing guidance on sun protection, while safeguarding staff and volunteers.

This policy aligns with Ofsted expectations regarding:

- Health and safety procedures
- Safeguarding and child protection
- Promoting children's wellbeing

2. Scope

This policy applies to:

- All **Just Play Sports** staff, coaches, and volunteers
- All children participating in outdoor activities, sports sessions, and holiday clubs

3. Principles

- Children are encouraged to **bring and apply their own suncream** before attending outdoor sessions.
- Staff **are not permitted to apply suncream to children**, in line with safeguarding best practice.
- Coaches and staff will **support children in encouraging self-application** but cannot physically apply it.
- Parents/guardians are responsible for providing suncream appropriate for their child.

4. Guidance for Parents/Guardians

- Children should bring a **clearly labelled bottle of suncream** to all outdoor sessions.
- Parents are encouraged to **apply suncream to their child before arrival**.

- Parents should provide **sufficient suncream for children to reapply themselves**, where age-appropriate.
- Parents should ensure children **know how to self-apply** and are capable of doing so safely.

5. Guidance for Staff and Coaches

- Remind children to apply suncream **before outdoor sessions** and during breaks as needed.
- Offer guidance on **how to apply suncream correctly**, if requested, without physical contact.
- Encourage children to **wear hats, sunglasses, and appropriate clothing** to protect from the sun.
- Ensure there is **sufficient shade available** during outdoor activities.
- Document and report any **sun-related health issues** (e.g., sunburn or heat exhaustion) according to normal first aid and safeguarding procedures.

6. First Aid & Emergency Procedures

- Staff should be aware of **signs of sun-related illness**, including heat exhaustion and sunburn.
- First aid procedures should be followed if a child experiences sun-related health issues.
- Parents/guardians should be contacted in case of **severe sunburn or heat-related symptoms**.

7. Responsibilities

Parents/Guardians:

- Provide suncream and ensure children can apply it themselves.
- Apply suncream to children before sessions.
- Ensure children wear appropriate clothing and accessories for sun protection.

Staff & Coaches:

- Support children in self-application of suncream.
- Remind children to use suncream during breaks.
- Ensure safe outdoor play environments and access to shade.

Leadership Team:

- Ensure this policy is communicated to staff, parents, and volunteers.

- Review policy annually to ensure alignment with best practice and Ofsted expectations.

8. Review

This policy will be reviewed annually or sooner if required due to changes in guidance, health and safety advice, or Ofsted regulations.

Policy Written: 19th August 2026

Reviewed: 19th August 2027

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Position: Director

Signed: Jack Dillon